

## **SETON CATHOLIC PREP – TRYOUT POLICIES**

Due to limitations on team size, cuts may be necessary for certain sports. The following policies and procedures outline the approved process for tryouts in sports where cuts are necessary.

1. The head coach selects the members of an athletic team.
2. Before tryouts begin, coaches will provide information to students and parents or guardians at a pre-tryout team meeting. Information will include:
  - A. Length of tryout period.
  - B. Criteria involved in selection of teams.
  - C. Distribution of practice and competition schedules if available.
  - D. Explanation of commitment necessary to be a member of the team.
3. Head coaches will assist freshman and JV coaches in their respective team selections. Lower level teams will follow the same assessment process as Varsity.
4. During cuts:
  - A. Rosters of team membership will not be posted. The head coach will meet with each candidate individually to discuss strengths, weaknesses, and team membership or the reason for being cut from a team. Criteria for making the team will be discussed at that time.
  - B. The head coach's decision is based on several factors including, but not limited to the data from the tryout assessment. Their decision is final.
  - C. The coach or coaches discuss any available options or alternatives for those individuals who do not make the team.
5. Total number of members of each team is solely at the discretion of the coach. The number of athletes on a team may change from year to year.
6. Grade level makeup of each team (numbers of Seniors, Juniors, Sophomores, Freshmen) is at the discretion of the coach. Seniors are permitted to play on varsity teams only.
7. There are no JV tryouts for Juniors and Seniors. 11<sup>th</sup> and 12<sup>th</sup> graders are required to try out for the Varsity team. A Junior would be added to a JV team only in situations necessitated due to low numbers. This decision is solely at the discretion of the head coach.
8. Students missing tryouts due to participating in post-season play for another Seton sport will be afforded the opportunity to tryout under the same guidelines as other students. A student in this situation is responsible for contacting the head coach to make these arrangements.
9. Any coach with a pre-existing school approved tryout process may continue to use that process. This will be discussed with students and parents prior to tryouts.

While being cut from a team can be a difficult experience for an adolescent, it can also be an opportunity for growth and a chance to try new activities.

### **2018-19 TRYOUT POLICIES ACKNOWLEDGEMENT**

I / We have read the Tryout Policies and understand and agree to follow the policies therein contained.

\_\_\_\_\_  
Student-Athlete – Print Name      Date

\_\_\_\_\_  
Parent - Print Name      Date

\_\_\_\_\_  
Student-Athlete Signature      Date

\_\_\_\_\_  
Parent Signature      Date