STUDENT LIFE: THE SETON EXPERIENCE BEYOND THE CLASSROOM

Have you been imagining what high school will be like? You will soon take your first steps onto a high school campus as a freshman. High school is a time to discover new interests, explore your God-given talents and follow your passions.

Seton Catholic Preparatory provides the perfect environment for you to make the most of your high school years. Our campus life is energetic, eclectic, and includes a wide spectrum of opportunities in athletics, fine arts, student clubs, religious life and community service. If you already have a passion in one of these areas, Seton will help you take your skills to the next level.

Step out of your comfort zone and try new things! Play football and act in a play? Sure! Tinker with robotics and sing in the choir? Why not!

So, what is it like to be a student at Seton Catholic Prep? We are glad you asked. Here is a quick look…

OUR MISSION
To provide a college preparatory curriculum within a Catholic faith community focusing on academic excellence, leadership and loving service to others.
WE ARE THE CHAMPIONS

With 11 boys’ and 10 girls’ sports programs, including varsity, junior varsity and freshman teams, Seton Catholic maintains a strong athletic tradition. Since 1986, Seton teams have earned 42 Arizona state championships. We rank in the top 10 of the most-winning schools among all high schools in Arizona.

While those results are impressive, sports at Seton are not solely defined by wins, losses and trophies. There are plenty of opportunities for you to compete: In fact, nearly 70% of all students are involved in our athletic programs from the freshman to varsity levels. Moreover, you will be learning from the best: Our award-winning coaches promote individual dignity, personal development and social interaction in a Christian environment.

As a student-athlete at Seton Catholic, you will get far more than playing time. We adhere to the “Pursuing Victory with Honor” principles as outlined by the Arizona Interscholastic Association (AIA). We are not just developing leaders on the field, we want you to be a leader off the field as well.

Over the past decade, more than 100 Seton graduates have competed in collegiate sports, including many Division I signees—proving that our coaches have the knowledge and skill to take you to the next level.
FINE AND PERFORMING ARTS: FIND YOUR PASSION

Seton has earned a reputation for our professional fine arts facilities and curriculum—with nationally recognized programs and award-winning students. From classes in various disciplines to performances, festivals and competitions, there are plenty of opportunities to embrace your creative side!

- **Drama:** On stage or behind the scenes, classes in Acting and Stage Craft help to develop your skills and prepare you for participation in fall, winter and spring productions. Seton Catholic’s Drama department earned two awards and six nominations at the Ninth Annual National Youth Arts Awards in 2013-14.

- **Visual Arts:** Choose from a wide range of traditional fine arts such as Art Foundations, Ceramics, Drawing, Painting as well as technology-driven graphic arts courses including Graphic Design, Photography and Film.

- **Music:** Whether you are an experienced musician or a novice picking up a new instrument, Seton Catholic has a program for you. In addition to performance-based and music theory courses, there are numerous opportunities to present on stage.

- **Dance:** Three levels of dance courses explore many different styles in our fully equipped dance studio, from contemporary and Broadway style, to jazz, lyrical/ballet and hip hop—as well as performance opportunities.

“The small and supportive Seton community allowed me to be creative, take chances and thrive without the fear of failing.”

— Lizzy [Last Name] Sobczyk ’02, Director, Seton Summer Musical Theater Camp and Drama Specialist, Paradise Valley School District
There’s a Club for That

Participation in student activities is the spice of life at Seton—and with more than 35 clubs, opportunities abound. The options run from Anime to Scrabble, to a Toastmasters Youth Leadership Program, and everything in between.

The Robotics Team not only competes regionally and nationally, they have put their energies toward a social cause: designing Power Wheels ride-on toys for children with disabilities. The Environmental Science Club earned a Green Team Award from the Phoenix Suns and APS for their recycling efforts and eco-friendly leadership. And the French Club won first place in the Arizona State University Foreign Language Fair’s student-written play competition.

As a Seton student, you are required to join at least one club. The toughest part is choosing which one. The solution? Most students join a minimum of two or more. If you would like to start a club of your own, we are always open to new ideas.

“The Robotics Club built a sense of accomplishment and confidence in me: If we can build a robot in six weeks we can do anything.”

– Kate McBryan ‘03, Robotics Club Founder and Distinguished Alumnus

With more than 35 clubs, opportunities abound.
Seton is the only Catholic college prep school in the East Valley within the Diocese of Phoenix. You may be wondering if you need to be Catholic to attend Seton. The fact is, we are open to students of all faiths—welcoming everyone into a community in which moral development is essential to a top-notch high school education in preparation for college. While spirituality can be found in all aspects of life at Seton, there are three traditional areas of focus:

1. St. Elizabeth Ann Seton’s charisms, or spiritual gifts — Courage, Determination, Faith and Love — are woven throughout our ongoing curriculum and grade-level retreats.

2. All students within the Seton community participate in locally and nationally recognized community service programs. As they discover the rewards, most decide to go far beyond the requirements in contributing their gifts, talents, and time to charitable and service organizations.

3. Finally, Seton Catholic offers daily Mass in our St. Elizabeth Ann Seton Chapel, monthly adoration and reconciliation, and a vibrant Kairos retreat program, led by students and guided by faculty and alumni.

“I know that there’s always more work to do in community service, there’s always more that you can do for others.”
— Nicole Gehret, Seton student, Dignity Health Volunteer and loving service devotee

“The joy that a couple hours of my day can bring other people—that’s what keeps me going.”
— Claire Evans ’14, President’s Volunteer Service Award recipient

“VIBRANT CAMPUS MINISTRY

Seton places the faith formation of its students and the spiritual nourishment of the campus community at its heart.”
— Rob Curtis, Campus Minister
“While a student at Seton, I very much felt as though I could be myself, and that Seton was a place where people would appreciate you for who you were.”

– Rev. Christopher J. Fraser ’89, JCL
Distinguished Alumnus
SPECIAL GUESTS AND SPEAKERS

The Parent & Student Educational Speaker Series is a unique forum at Seton, designed to help families engage in conversation on a wide variety of topics. Featured speakers present to a student assembly in the morning and to parents the same evening, offering a wonderful platform for discussion. Past speakers as well as special guests have included:

- **Immaculée Ilibagiza**, author of *Left to Tell: Discovering God Amidst the Rwandan Holocaust*, is regarded as one of the world’s leading speakers on peace, faith and forgiveness.

- **Tommy Lasorda**, two-time World Series Champion, Hall of Famer and in his sixth decade with the Los Angeles Dodgers, is a motivational speaker known for his wonderful stories and words of wisdom.

- **Anthony Robles**, NCAA Division I wrestling champion, is a motivational speaker who became a three-time All-American despite having been born without a right leg.

5 GREAT WAYS TO DISCOVER SETON

1. **Shadow Days**: The best time to visit campus is in the fall preceding the year you wish to enroll. Shadow Days allow you to experience a day in the life of a Seton student prior to your application and testing deadlines.

2. **Open House**: Join us on student-led tours of our campus, meet our teachers and learn about our exciting plans for the future.

3. **Seton Behind the Scenes**: This annual event gives parents a glimpse into life at Seton by sitting in on a class and visiting with current parents and administrators.

4. **Athletic Events**: There is nothing quite like a Seton sporting event to experience our Sentinel pride for yourself.

5. **Fine and Performing Arts Events**: Our musical theater and dramatic productions, as well as Seton Fine Arts Nights, are an entertaining way to experience our black box theater and Fine Arts facilities.